



Progress Tracker

Use this Progress Tracker for 6 months to monitor your symptom improvement. Share your results with your doctor.

Month 1 of 6

😊 I'm seeing symptom improvement 😞 I'm not seeing symptom improvement

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Fatigue or loss of energy	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Low sex drive (reduced desire to be intimate)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Sexual dysfunction (weak erections, failure to get erections)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Depressed mood	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Decreased sense of well-being	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Increased body fat	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	

USE

AndroGel® (testosterone gel) is a prescription medicine used to treat adult males who have low or no testosterone.

SAFETY CONSIDERATIONS

Signs of puberty that are not expected have happened in young children who were accidentally exposed to testosterone through contact with men using AndroGel. Women and children should avoid contact with the unwashed or unclothed application area where AndroGel has been applied. Patients must strictly follow the recommended instructions for use. AndroGel must not be used in men with breast cancer, have or might have prostate cancer or in women who are pregnant, may become pregnant, or are breastfeeding. AndroGel can cause serious side effects, including worsening symptoms of an enlarged prostate, possible increased risk of prostate cancer, lower sperm count, swelling of ankles, feet, or body, enlarged or painful breasts, problems breathing during sleep, and blood clots in the legs.



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Month 2 of 6

😊 I'm seeing symptom improvement 😞 I'm not seeing symptom improvement

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Fatigue or loss of energy	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Low sex drive (reduced desire to be intimate)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Sexual dysfunction (weak erections, failure to get erections)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Depressed mood	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Decreased sense of well-being	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Increased body fat	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	

USE

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SAFETY CONSIDERATIONS

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Month 3 of 6

😊 I'm seeing symptom improvement 😞 I'm not seeing symptom improvement

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Fatigue or loss of energy	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞
Low sex drive (reduced desire to be intimate)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞
Sexual dysfunction (weak erections, failure to get erections)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞
Depressed mood	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞
Decreased sense of well-being	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞
Increased body fat	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞

USE

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Month 4 of 6

I'm seeing symptom improvement

I'm not seeing symptom improvement

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Fatigue or loss of energy	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
Low sex drive (reduced desire to be intimate)	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
Sexual dysfunction (weak erections, failure to get erections)	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
Depressed mood	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
Decreased sense of well-being	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	 	
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Month 5 of 6

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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Fatigue or loss of energy	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Low sex drive (reduced desire to be intimate)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Sexual dysfunction (weak erections, failure to get erections)	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Depressed mood	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Decreased sense of well-being	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	
Increased body fat	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	😊 😞	

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Month 6 of 6

 I'm seeing symptom improvement
  I'm not seeing symptom improvement

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Fatigue or loss of energy																															
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